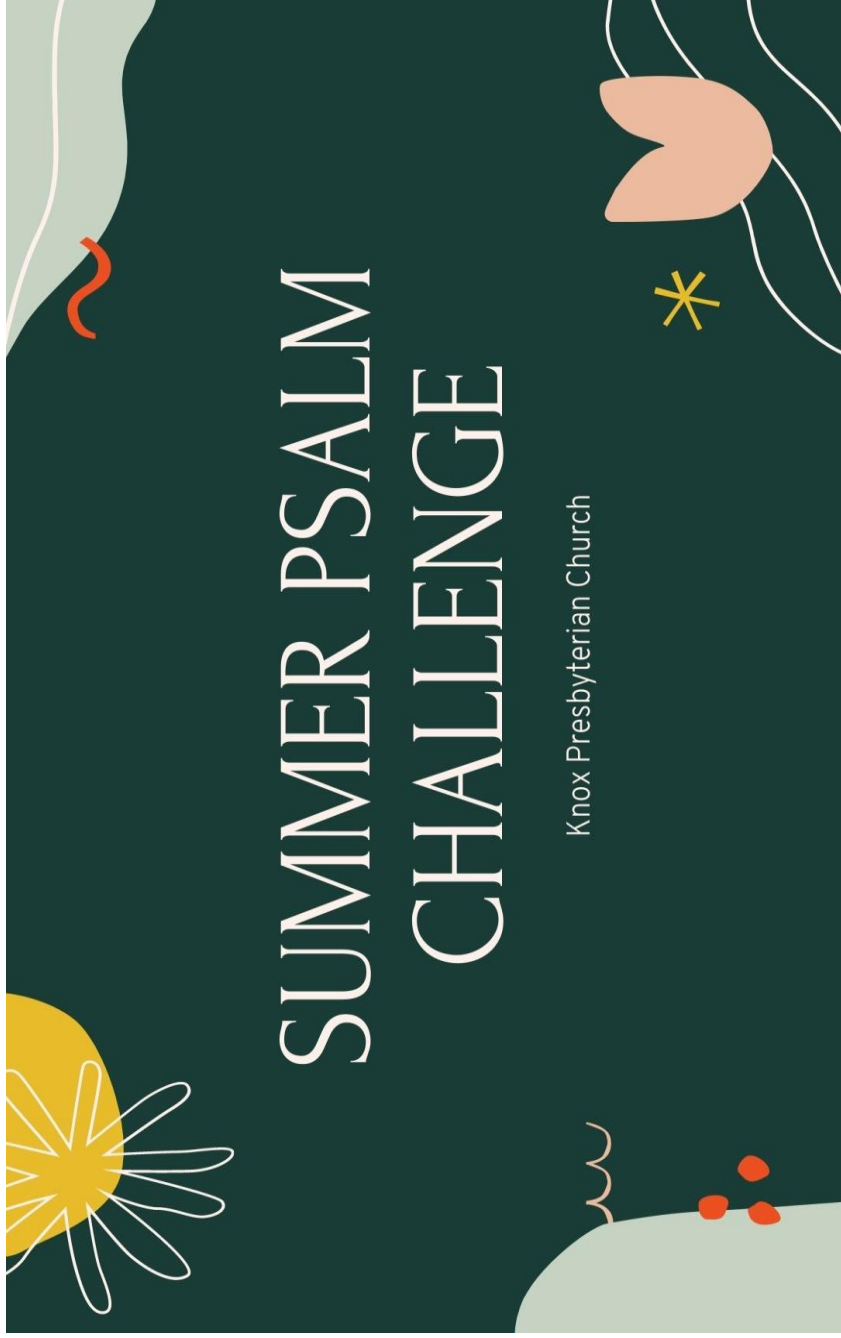


SUMMER PSALM CHALLENGE

Knox Presbyterian Church



What Is A Psalm?

Collection of Ancient Hymns
Most of the Music has Been Lost
Honest Expression of Emotions
Form of Poetry





What Kinds of Psalms Are There?

Praise & Thanks
Contemplation
Laments & Struggles





Praise & Thanks

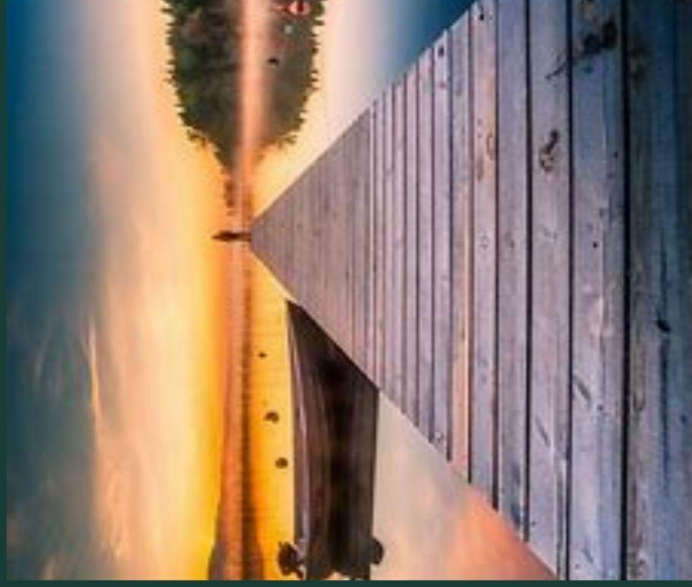
Blessings
Surprise
Delight
Thanksgiving
Relief





Contemplation

Gratitude
Comfort
Strength
God's Goodness
Compassion





Laments & Struggles

Anger
Grief
Doubt
Despair
Betrayal
Uncertainty

How is a Psalm Written?



OPENING WORDS

Blessed is the one
who does not walk in step with the wicked
or stand in the way that sinners take
or sit in the company of mockers,
but whose delight is in the law of the Lord,
and who meditates on his law day and night.
That person is like a tree planted by streams of water,
which yields its fruit in season
and whose leaf does not wither—
whatever they do prospers.

MIDDLE SECTION

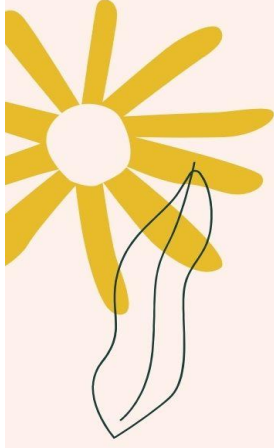
Not so the wicked!
They are like chaff
that the wind blows away.
Therefore the wicked will not stand in the judgment,
nor sinners in the assembly of the righteous.

CLOSING WORDS

For the Lord watches over the way of the righteous,
but the way of the wicked leads to destruction.

~Psalm 1

BREAKING DOWN THE PSALM



OPENING LINES

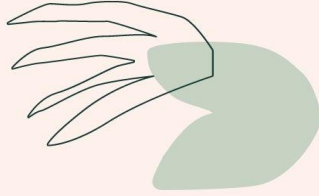
Ease Into the Topic
Flatter God a Little
Remind God of His Goodness
Set the Stage
Prepare God For What is on
your Mind

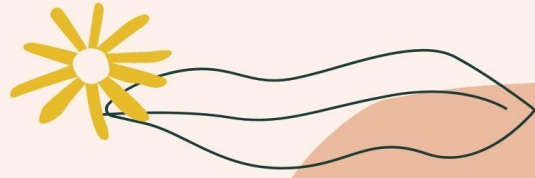
MIDDLE SECTION

Go to the Point
The Heart of the Matter
What's Really On Your Mind
Honest Expression
Requests or Plea

CLOSING LINES

Affirm Your Love For God
Finish on a Good Note
Remind God of Your
Faithfulness





Writing Your Own Psalm

First Steps



WHAT TO WRITE ABOUT?

What is Something Near and Dear to You?
Something on Your Mind?
Big Idea or Small Thought that Lingers
Consider Something Lighthearted, Thematic or
Seasonal

WHAT STYLE SUITS THE TOPIC BEST?

Mimic Ancient Psalmist
Modern Style
Poetry or Prose?



Writing Your Own Psalm

Next Steps



EXPRESSING YOUR THOUGHTS

- Use Short Phrases
- Repeat Important Words or Lines
- Speak Honestly
- Stay Focused on One Idea

CHECK YOUR FORMAT

- Do You Have all THREE Sections
- Opening Section
- Heart of the Matter
- Closing Thoughts

Writing Your Own Psalm

Final Steps



READY TO PUBLISH

Consider How Your Psalm Looks on the Page
Adjust Lines and Spacing to Look Appealing and
Readable

TO SIGN OR NOT TO SIGN?

How Would You Like to Share Your Work
Anonymous?
Signed?
Not All the Psalms Have Authors Listed!

NOW ITS YOUR TURN!

NEED HELP?

Call Rev. Teresa
Review Instructional Video on
Website

DEADLINE

August 31, 2022

PLANNED PUBLICATION

Fall 2022

